

Overview of Support during Covid-19 Pandemic



This resource has been compiled to support staff and professionals to support individuals to remain engaged and active during lockdown.

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Table 1: Covid-19 Support, Community Hub, Food & Volunteering

Provider	Details
Government Coronavirus Information Service	Government launches Coronavirus Information Service on WhatsApp The new free to use service aims to provide official, trustworthy and timely information and advice about coronavirus (COVID-19). To use the free GOV.UK Coronavirus Information Service on WhatsApp, simply add 07860 064422 in your phone contacts and then message the word 'hi' in a WhatsApp message to get started. A set of menu options is then presented which the user can choose from and then be sent relevant guidance from GOV.UK pages as well as links to GOV.UK for further information. For more information click here.
National Helpline	If members of the public you are in contact with have questions about coronavirus that aren't answered in the Government FAQs , You can signpost them to the national coronavirus helpline, 0344 2254 524 – press option NINE.
Derby City Covid Community Response Hub	Derby City Council with Community Action and number of partners have set up the Derby Covid Community Response Hub to assist those who fall into the Government's 'vulnerable' category and are therefore self-isolating. Those who need support can call Derby Direct on 01332 640000 . The line will open between 9.00am and 6.00pm, every day. There's also a dedicated email: Covid Support . For more information click here.
Food Parcels	If you need a Food Parcel please contact Derby Direct on 01332 64000 (option 5) for support. There are two option for support on offer: 1. Food Parcel for those struggling to pay for food as a result of Covid-19 2. Food parcels for those that are can afford food, but are self-isolating and are unable to leave their home. This is a partnership launched with the Co-op. For more information click here.
Food donations	To donate food either email Paul Brookhouse or utilise the public donation point at the Fan Zone in the car park at Pride Park Stadium between Monday & Thursday between 10am-2pm.
Volunteering	To volunteer your support to the Covid Hub and Food Bank call 01332 640000.
NHS – Support for Vulnerable	To Volunteer your support to the NHS or to refer anyone who needs support click here.
Joined up Care Derbyshire	A new ' Public Information ' area on the Joined Up Care Derbyshire public website has gone live. The site includes information about local changes to health services, daily updates, FAQs and links to national advice. Royal Mail will also be distributing an A5 postcard to all Derbyshire residents, to raise awareness of the website. For more information click here.
Thinking of You Letters to Wards	Many people are unable to visit loved ones in Hospital so Derbyshire Healthcare NHS Foundation Trust have set up 'Thinking of you'. Simply send letter and/ or Photographs to dhcft.thinkingofyou@nhs.net with name, D.O.B and Hospital Ward they're on and they will print it off and deliver it.

Table 2: Business Support, Grants and Furlough

Provider	Details
Gov. Business Support Hub	BEIS, working with the Cabinet Office, launched the Coronavirus Business Support campaign to help businesses across the UK meet the challenges they face as a result of the pandemic. The campaign is now encouraging businesses to visit a new Business Hub on GOV.UK. To visit Hub – click here.

Gov. Business Support Finder	The Cabinet Office has published a tool for UK businesses to ascertain what support is available to them including loans, tax relief and cash grants. For more information click here .
Business Support/ Advice Grants	For support Derby City Council is offering Businesses in Derby click here & here For Coronavirus Information Hub set up by East Midlands Chamber click here For D2N2 Growth Hub dedicated page to Coronavirus support click here . For Princes Trust Coronavirus Response Hub and information on the newly launched Enterprise Fund for 18-30 year olds who are self-employed click here .
Joined Up Careers (JUC)	JUC supports the Health and Social Care Sector across Derbyshire. They are currently encouraging employers with staff on Furlough to help meet the unprecedented surge in demand in H&SC. For more information click here or e-mail: dhcft.joinedupcareers@nhs.net
Futures	D2N2 is working with partners to create the <u>Redeployment Triage Service</u> . Administered by Futures (NCS provider for the East Midlands) it will match those recently made redundant with new work in sectors experiencing a surge in employment demand such as food retail, care, and distribution. To inform Futures of any Redundancies Email NationalCareersServiceNCC@futuresforyou.com or call 0800 917 94 19. To inform Futures of any Vacancies e-mail John Blankley (Senior Employment Support Adviser at Futures) Hello@futuresforyou.com">Hello@futuresforyou.com or call 08000 858520.
Support for Landlords	DASH is providing online support to Landlords, through their website, online courses and forthcoming webinar – which will give the very latest advice and information to landlords to help them run their businesses during the Covid-19 crisis. For more information click here .

Table 3: 121 Employment Support for the Unemployed

Provider	Details
Derby City Employment Hub (part of Way2Work)	Derby City Council has just launched its Employment Hub and taking referrals to support individuals into employments. Support is to be provided online and via telephone. You can register with the Employment Hub by contacting Julie Redfern, Hub Advisor, on 07917551621 or email DerbyEmploymentHub@derby.gov.uk .
BBO (Building Better Opportunities)	BBO offers three strands of Employment Support. All three are now taking referrals for initial assessments; <ol style="list-style-type: none"> BBO Opportunity & Change – for individuals with multiple and complex needs who would like to move towards employment/skills but require intensive support including therapeutic interventions, counselling and confidence building BBO Towards Work – For those with a barrier into employment, requiring a personalised journey towards employment. Specialist support offered to those with a disability. BBO Money Sorted - has a focus on improving peoples financial wellbeing and skills with money as well as supporting independence into training and employment. <p>To be eligible for BBO support you cannot be in work and must have the right to work. There is also a generous package of support available.</p>
National Careers Service (NCS)	121 telephone support available from qualified careers advisors with links to online accredited training. You can book an appointment by contacting NCS.

	either by email: NationalCareersServiceNCC@futuresforyou.com or telephone: 0800 917 94 19.
Autism East Midlands	40 hours of coaching support available for those that are 18+ (diagnosed autistic) and work ready. This 40 hours can be used in pre-employment support (CV's, job search, applications etc) or post- employment (adjustment an working with employer). For more information and referral contact Jamie Reed; Email: Jamie.Reed@autismeastmidlands.org.uk or call M: 07814 526275.

Table 4: Employment and Apprenticeships Websites

Provider	Details
Get My First Job	Offers a new way to find Apprenticeships , Degree Apprenticeships , Work Experience and Graduate opportunities. It connects you with the Best Employers, College & Providers and Universities to get you on the right track faster. For website click here .
DCC Apprenticeship Hub	Derby City Council have listed information on Apprenticeships for learners and employers, apprenticeship vacancies in DCC and also links to all providers delivering apprenticeships in Derby city. For more information click here .
Find an Apprenticeship	Gov.uk site listing all Apprenticeships – can filter by location, key works and level. For more information click here .
#Feed the Nation	Employment opportunities in Supermarkets and Food Production. Managed by People Plus in conjunction with Staff Line. For more information click here .
#Deliver to the Nation	Employment opportunities in Delivery & Logistics via #Deliver to the Nation People Plus in conjunction with Staffline.
#Derbyshire Care Heroes	Employment into Health (NHS) and Social Care via Joined up Careers. For more information click here .
DWP: Job Help and Employer Help	Jobcentre plus has launched two new websites to assist people looking for work now, and advice for employers to help recruit them: jobhelp and employerhelp
Employment Sites	Various sites list Employment and Apprenticeships opportunities such as; Indeed.co.uk , Totaljobs.co.uk , Monster.co.uk , Jobsite.co.uk , Reed.co.uk .

Table 5: Careers Guidance & Websites

Provider	Details
Derby Adult Learning Careers@Derby	Derby Adult Learning are offering remote careers advice from their qualified careers advisors. To access support you need to be 19+ and can get in touch by either emailing chris.walker@derby.gov.uk or calling him on 07812 300394.
Icould	Lists real video stories to inspire your career choices as well as a range of job searching resource and fun quizzes to support career choices. For website and to view resources click here
Career Addict	Insightful tips and advice to support career choices, job searching and interview skills. Includes Job Board. For more information click here .
Balance Careers	This is a US site, but lists some interesting articles, advice and resources on finding a job, career pathways and succeeding at work. For website click here

Table 6: Virtual and Remote Learning from Training Providers

Provider	Details
Derby Adult Learning	Derby Adult Learning Service are offering up to 70 on-line courses in a broad range subjects. All courses are free and accessible through our on-line enrolments. To view courses and enrol click here .
Princes Trust	121 mentoring via phone/MS Teams for 18-30 year olds. For more information contact Tania Brown tania.brown@princes-trust.org.uk
	Virtual Explore Enterprise Workshops (18-30 year olds) 18 -19 th May 09:30-16:30. For referrals contact rosa.leivas@princes-trust.org.uk
Kick Off in Business	Become an Entrepreneur/ Start up your Business course – For more information and book visit www.kickoffinbusiness.co.uk or call 0333 005 0344. Extra incentive, NEET learners receive a £50 Amazon Gift Card on completion.
Access Training	Full time Level 1 in Construction (16-18 year olds or 16-24 if on a ECHP) – includes English and Maths. Interviewing now for September start. For more info and to apply click here or call 0330 002 6266.
	Apprenticeships (16+) – Have live vacancies in Administration, Property maintenance + others. For more information and apply click here .
People Plus	Various courses available online include: <ul style="list-style-type: none"> Level 1 Extended Certificate in Employability Level 1 Certificate in Personal and Social Skills Level 1 Certificate in Warehousing & Storage Level 1 Award in Mental Health Awareness Level 1 Certificate in Customer Service Level 2 Certificate in Customer Service Level 2 Certificate in Awareness of Mental Health Problems Level 2 Certificate in the Principles of the Prevention and Control of Infection in Care Settings Level 2 Certificate in Understanding Retail Operations Level 2 Certificate in Business Admin Level 2 Certificate in Team Leading Level 2 Equality and Diversity Level 2 IAG (Information, Advice & Guidance) Functional Skills English (Entry 1 to Level 2) Functional Skills Maths (Entry 1 to Level 2) To register onto any course e-mail richard.hardy@peopleplus.co.uk or carlo.dicicco@peopleplus.co.uk
Work Pays	‘Project W’ online platform launched. Courses on offer include; Customer Services Level 1, 2 & Entry Level 3, Warehousing, Health and Social Care and Employability To find out more or register your interest either visit their website or contact James Hicklin: James.Hicklin@workpays.co.uk
JobSkilla	Full list of online courses now available to view course list click here . Or contact Hannah Brown on 07498 052193 if you have any questions or learners interested.
WEA	WEA are delivering a number of live on-line learning sessions and activities to engage people from home. Course categories include; Arts & Crafts, Culture & History, Digital, Health & Lifestyle, Performing Arts and Work Related. For more information click here and here .
DBC	Range of free on-line learning courses covering a variety of sectors including, IT, Business Admin, Care and Well-being. For a full list of courses, contact DBC on info@dbc-training.co.uk or for more information see website or announcement .
Juniper	Hosting Virtual Open Day: Friday 1 st May @ 2pm – about post-16 options. Click here

Nottingham Jobs	Are offering online courses to help SME owners, their employees and people looking for work to improve their digital and employability skills, courses such as 'Preparing for a career in the digital workplace', 'Making your CV work for you' and 'Be a hit at interviews'. For more information click here .
Free 2 Learn	Are offering free E-learning courses including; security- SIA, construction-CSCS, beauty, warehouse & logistics and functional skills – for more information click here or contact Zoe Keele 07885810670 email: zoe.keele@free2learn.org.uk
SERCO	Skills Support for Redundancy. Businesses, or any individuals that are currently at risk of redundancy or recently made redundant within the last 3 months, who are interested in undertaking online training can enquire by contacting the SERCO Partnership Coordinator: howard.cordingley@serco.com . For more information click here .

Table 6: Free E-learning

Provider	Details
Skills Toolkit	Government has launched new platform that gives people access to free, high-quality digital and numeracy courses to help build up their skills, progress in work and boost their job prospects. Employers are also encouraged to use The Skills Toolkit to help to support and develop furloughed employees who are interested in learning from home. For more information click here . Supported by National Careers Service (NCS).
Learn Direct	Free Online Employability course. Also offering 45% off all course enrolments: https://www.learnirect.com/funding-options/free-employability-skills
Open University	Offering a range of courses to study online for free. Including language course, business and health and fitness – For more information click here
Future Learn	Huge range courses available for free such as Starting a Business, Preparing for Work and Basic First. For more information and view course list click here
Vision 2 learn	Nationally accredited courses delivered online in partnership with a further education college in England. They are all funded by the UK Government. Course such as Business Administration, Customer Service, working in Health Care. For full course list and to register click here .
Learn My Way	Free courses on all-things digital including how to use a computer, 'Microsoft Office programmes', 'How to find a Job online' and 'how to manage your money online'. For more information click here
Make it Click	Free courses tools and templates that can help enhance your skills in work, such as 'using spreadsheets', using Microsoft Office programmes 'how to edit images/photos' and many more. For more information click here
Virtual College	Range of e-learning courses in subjects such as safeguarding children, health and well-being and careers advice. Some are listed as free – click here
Newbury College	Offering a range of free to study Level 2 & 3 distance learning courses such as; Counselling Skills, Dementia Care and Customer Service. To register click here .
REED Training	Lists training from a number of training providers click here .
Coursera	Various accredited courses as well as Degree level qualifications. Click here
Languagedrops	App to learn a new language - click here
Duolingo	Learn a language for Free – Click here

Table 8: Remote ESOL Provision and wider support services for BAMER communities

Provider	Details
Free online resources to learn English	List created by Leeds' Migration Partnership - can be downloaded here . List collated by EMC - to download PDF click here List created by East of England Migration Partnership - can be downloaded here
Upbeat Communities	Free sessions for asylum seekers and refugees including English classes, creative activities and a weekly gathering for women all online. Delivering at least one session per day and will be increasing provision. Instructions for asylum seekers and refugees: 1. Make sure you have WhatsApp on your phone 2. Save the number +447514489022 in your phone (as Upbeat) 3. Send your name to +447514489022 using WhatsApp to receive information and updates (no personal data will be shared - we use WhatsApp Broadcast) To view website for further information click here
Refugee Council	Has listed all changes to Refugee and Asylum seekers Policy resulting from Covid-19 pandemic. For more information click here .
Strategic Migration Partnership	have been updating their webpage on COVID-19 daily with resources and guidance in relation to asylum seekers, refugees and migrants in the East Midlands. To access the webpage, click here .
Migrant Help UK	Run a free Asylum Helpline 24 hours a day, 7 days a week on 0808 8010 503 . Or you can contact them via webchat or fill in our online enquiry form . They have also compiled a comprehensive list of support resources click here .

Table 9: Money Support, Advice, Welfare & Benefits

Provider	Details
BBO Money Sorted	121 support to improve peoples financial wellbeing and skills with money. To be eligible for support you cannot be in work and must have the right to work. For more information click here . Also offers online courses on Money Management. For further information and details for referral click here .
Derby City Council	See updated page from DCC on Welfare Benefits – click here . DCC Single Discretionary Award if suffering financial hardship – click here
Derby City Council Healthy Housing Hub	Offers emergency repairs where a housing condition may harm the health of a vulnerable person e.g. if the heating breaks down, reducing falls/trip hazards, faulty electrics e.g. no lights working. For more information click here .
Citizen Advice Bureau CAB	Free, confidential information and advice to assist people with money, legal, consumer and other problems. Can contact advisors through National Adviceline: 03444 111 444 (Monday - Friday 9am to 5pm). Webchat also available online. For full details and website click here .
Money Advice Service	Find a debt adviser near you and gain advice on other debt matters. Webchat is available, Monday to Friday, 8am to 6pm Saturday, 8am to 3pm. WhatsApp us with questions about debt, borrowing and pensions on 07701 342744. Telephone - 0800 138 7777 (Monday to Friday 9am to 6pm and Saturday 8am to 6pm). For more info click here . For wider information on benefits and what you may be entitled to as a result of Covid-19 click here .
Shelter	Offers advice on all housing issues. Call their housing helpline 0808 800 4444 or get advice here .

National Debtline	Provides free, independent and confidential advice about debt. freephone 0808 808 4000 (Monday - Friday 9am to 8pm and Saturday 9.30am to 1pm) Webchat with an advisor or visit their website - click here .
Step Change	Provide free, confidential advice and support to anyone worried about debt. Contact over the telephone or online. Telephone - 0800 138 1111 (Monday - Friday 8am - 8pm and Saturday 8am - 4pm). For information click here .
Turn2Us	National charity providing financial support to help people get back on track. Free Helpline: 0808 802 2000 or online web chat (09:00 – 17:30 Monday - Friday). For more information Click here
Pay Plan	PayPlan offer free debt advice and debt solutions, such as Debt Management Plans, IVAs and Debt Relief Orders, funded by the credit industry. To talk to an advisor Telephone - 0808 250 9543 Free phone (including mobiles) (Mon to Fri 8am–8pm Sat 9am–3pm). For more information click here .
Healthy Start	Anyone on benefits who is either 10 weeks pregnant or has a child under 4 can qualify for Healthy start Vouchers and supplements. For information click here .
Understanding Universal Credit	For up to date information on Benefits and Coronavirus – click here
DHA	Free Housing and Homelessness Advice and Support line – 0345 3454345

Table 10: Mental Health Support

Provider	Details
Derbyshire NHS Mental Health Support Line	Derbyshire Healthcare NHS Foundation Trust has launched a new telephone-based support line for local people of all ages and their carers who are experiencing increased distress or anxiety during the ongoing Coronavirus (COVID-19) pandemic. The new service also intends to support people who are experiencing a reduction in their usual mental health care services, as a result of changes that have been made to support the pandemic. Call 0300 790 0596 (available between 9am – midnight every day). For more information please click here .
List of MH Support	Derbyshire County Council have put together a list of MH resources and links to services; from befriending services to crisis services. To view page click here .
P3 Derbyshire Recovery and Peer Support	Help people improve and maintain their mental health and wellbeing, and reconnect with their local community, through individually tailored support. Are now running an Online Peer to Peer Support Group, every Thursday @6pm via Zoom. More information or to join the Group call 01773 734989 or text 07537 410028. For more information on P3 click here .
NHS App Library	The NHS has listed a range of apps, websites and online tools to help manage your health and wellbeing. For more Information click here
Shout	Crisis Service - In a crisis? Anxious? Worried? Stressed? Get 24/7 help from team of Crisis Volunteers. Text 85258. For more information click here .
Sporting Communities CIC (under 25)	For those aged 13-25. Sporting Communities have created a Facebook page; https://m.facebook.com/supportingcommunities.sc (or search for SC Sup) where Sporting Communities staff will be there to chat with or talk about anything that is bothering you during isolation.
Hopeline UK	Confidential support and advice service for young people (under 35) experiencing thoughts of suicide, or anyone concerned about anyone who may be. Call 0800 068 41 41, text; 07860039967 or e-mail pat@papyrus-uk.org For website click here .

The Mix (under 25)	The Mix are always here to help young people with any issue they're facing.
Young minds (under 25 + Parents)	Supporting Young minds to be empowered. Lots of resources on MH and managing isolation. Young People (under 25) who need urgent support can text on Young Minds Crisis Messenger, for free, 24/7 - text YM to 85258. They also run a Parent Helpline for parents worried about their children - Call 0808 802 5544 – can lead to referral into specialist support. For more information click here
Qwell	Online Counselling and Wellbeing for Adults. Register and connect to an online counsellor or therapist. For more info click here.
Kooth (under 25)	Same as Qwell but for young people. For more info click here.
Headspace	App for Mindfulness for Your Everyday life – stress less, move more and sleep soundly. Lots of resources, storytelling, meditation and unique audio experiences – for more information click here
Beat Eating Disorders	Eating disorders are complex mental illnesses. Beat Eating Disorder have a number of helplines: Generic 0800 801 0677, Studentline: 0808 801 0811 and Youthline: 0808 801 0711. Open 365 days a year 12-8pm during the week and 4-8p, weekends and bank holidays, email or try their one-to-one web chat . For more information click here.
Rethink	Rethink Mental illness directly support almost 60,000 people every year across England to get through crises, to live independently and to realise they are not alone. Telephone - 0300 5000 927 (Line open from 9:30am - 4pm Monday to Friday). For more information click here.
Sane Line	Offering specialist mental health emotional support 6am-11pm every day. To contact leave a message on 07984 967 708 with first name and contact number or email support@sane.org.uk . Support Forum and Textcare services also available. For website and further information click here.
No Panic	A national support helpline for people experiencing anxiety, panic, OCD and related disorders including withdrawal from tranquillizers. No Panic also provides support for the carers of people who suffer from anxiety disorders. Telephone - 0844 967 4848 10am- 10pm every day (during the night hours the crisis message is played; a recorded breathing exercise that can help you through a panic attack and help you learn diaphragmatic breathing). No Panic also run a dedicated Youth Helpline and 6 week Mentoring programme for 13-20 years olds. Call: 0330 606 1174 or email info@nopanic.org.uk . For website click here.
Bi-Polar Support	Provides information and advice for people affected by bipolar disorder and those who care for them. To arrange a call back, email info@bipolaruk.org with your contact details, or call or text our mobile on 07591375544. For more information click here.
My Support Space	This week Victim Support has launched 'My Support Space' which is a range of online tools to help victims cope and move forwards after crime. This is a free, safe, secure and confidential space where victims can choose how they want to be supported after crime. For more detail click here.

Table 11: Physical Health and Fitness

Provider	Details
Derby Active with	Derby Active has worked in partnership with Technogym to set up a Derby Active Virtual Gym free to everyone to keep you active during these times. Simply check

MyWellness App	out Derby Active pages and follow the links to view workouts and set up an account with Mywellness App – where you can log daily activities and link to other fitness apps.
Livewell Derby (smoking Cessation)	Livewell are accepting referrals from those who wish to quit smoking, all consultations are telephone/video-call based. Those who wish to use nicotine replacement will have it delivered to their home. The support can be accessed by clicking here . People can also access support from our will power AI bot using the same link. Further helpful hints, tips and advice on lifestyle can be found on their facebook page .
Sports England	Stay in work Out campaign Tips, advice and guidance on how to keep or get active in and around your home. Lists links to lots of different ways you can stay active in your home. You can also Join the movement and use #StayinWorkOut to share how you’re getting active. For website and to view free video content and activities click here .
Yoga	If you want to try a challenge and help keep yourself fit both physically and mentally while you’re unable to get to the gym, take a look at ‘Yoga with Adriene’ - there is a 30 day free yoga challenge at https://yogawithadriene.com/30days/ .
Activity Alliance	Activity Alliance - has put together a list of resources and links to support disabled people stay active at home. For more information click here
Health Innovation Network	Activities for Older Adults during Covid-19. A Guide for those providing care for people with dementia and those in mental health inpatient settings and Care Homes. To view resource Click here .

Table 12: Domestic Abuse

Provider	Details
Derby Homes	For information on what to do if you are experiencing Domestic Violence please click here .
Derby City Council – MASH	You can contact DCC Multi-Agency Safeguarding Hub (MASH): 01332 642855. They mainly support the Safeguarding of Vulnerable Adults; where the victim has care and support needs, and is unable to protect themselves from abuse due to those care and support needs. Safeguarding Children’s referrals can also be made and will be considered where a victim has children within the household. For further information on Safeguarding and how to report Domestic Abuse please view Derby and Derbyshire Safeguarding Childrens Partnership Website by clicking here .
Careline	Is the Derby City Council <i>emergency</i> social work out of hours service and can support with Domestic Abuse. Call: 01332 786968 for more information on the service and what support it can offer click here .
Other Useful links & Numbers	<ul style="list-style-type: none"> • National domestic abuse helpline 0808 2000 247 • Respect Advice Line for Women: 0808 8024040 & Men: 0808 801 0327 • Galop LGBT domestic abuse helpline 0800 999 5428 • Mankind men’s Domestic Abuse helpline 01823 334244 • For further and wider support, resources and numbers click here. • Derbyshire Police – and how to report Domestic Abuse – Click here

Table 13: Cultural and Arts Offer

Provider	Details
Derby and Derbyshire Music Partnership: Make Some Noise	Music is a great means of encouraging creativity in children and young people. It allows them to express emotions and have the confidence to experiment with their own musical ideas and sounds. Derby & Derbyshire Music Partnership have been working hard to put together an online package of resources. These are broken down into infant, junior and secondary age groups This will continue to be added to over the coming weeks, with all resources available through the Music Education Hub website.
Healthy Cinema Diet	With cinemas closed, QUAD Cinema Programmer, Adam Marsh, has scoured online and streaming services to share his picks of new, classic, independent and world cinema. Start your 7-day Healthy Cinema Diet with Adam's curated programme today. Read Adam's Blog
Get Crafty	Artcore have been developing a series of Motivational Mornings and Crafternoons videos. These 'how to's' provide daily activities for individuals and families to keep healthy, creative and motivated over the coming weeks. Have a look at Artcores YouTube Channel for all the videos.
'A Little Music' Concert	Derby's Sinfonia Viva will be sharing short personal performances coming from the homes of their musicians. These will be premiered on Viva's Facebook Page every Wednesday at 8pm.
BLOG COMPETITION FOR YOUNG PEOPLE	#ThisIsDerby's Digital Hub at QUAD is working with a Web Team of young people to develop a website by young people, for young people. You can get involved by sharing your opinions and experiences around the topics of Caring for the Environment and Mental Health and Wellbeing. Submissions can be video blogs, photo stories or written blogs and there are some fantastic prizes up for grabs. Find more information on the #ThisIsDerby website.
Sandlerwells	'Company of Elders' dance workshops are specially created for over 60s who staying at home due to social distancing. The workshops run from 1 st April and will be available via the Sadler's Wells YouTube channel . You can also view their live theatre productions – click here
National Theatre at Home	For those missing live performances the National Theatre are releasing one title per week from their National Theatre Live programme. These titles will be free to stream on the National Theatre YouTube channel and be available for one week.
Royal Opera House	Have launched free on-line concerts for culturally curios at home – click here to view programme.
Streetwise	Are delivering a series of live-streamed singing workshops – open to anyone. They're half an hour from Monday to Friday at 12:00 noon. Click here for more information or call Victoria Munro, Programme Manager, Monday to Wednesday on 07956 156 124.
For more information on what's available in the world of Arts and Culture click here .	

Table 14: Courses/ Training for Professionals/ Staff:

Provider	Details
East Midlands Chamber EMC	Have devised a programme which will support and enhance skills and keep staff members engaged while working in the business, from home or if furloughed. Course include; HT, IT, Sales and Marketing and Director Development. For more information click here .

SERCO	Delivering; Skills Support for the Workforce and Skills Support for Redundancy. Businesses, or any individuals that are currently employed, at risk of redundancy or recently made redundant within the last 3 months, who are interested in undertaking training can enquire by contacting the SERCO Partnership Coordinator: howard.cordingley@serco.com . For more information click here .
Facing Facts	Monitoring and responding to hate crimes in this time of global crisis. To view content Click here
ECPAT UK	have launched FREE online training sessions for professionals who are self-isolating to help build knowledge and capacity to support children who may be victims of trafficking. Future webinars will include safeguarding children at risk of going missing from care, spiritual abuse and statutory defence (section 45 of the Modern Slavery Act 2015). Website: https://www.ecpat.org.uk/news/free-webinars-for-professionals
NCVO	Have a Studyzone offering training on various topics for those in the VSC including event management, marketing planning and trustee training for more info click here .
NEA	Fuel Poverty and Health: course covers, Causes fuel poverty, Health impacts of fuel poverty, Causes of and remedies for condensation dampness, Heat loss in the home and Grants and other forms of assistance. To register your interest contact: Lynsey Thompson lynsey.thompson@nea.org.uk for other courses click here .

Further Useful links

- Links to Derby City Coronavirus webpage and impact on wider DCC services [click here](#)
- Link to database of information 'Helpful Weblinks in Challenging times' – which lists activities to stay sane, kids stuff and various apps to support at home - [click here](#).
- Links to Wider D2N2 LA resources via the BBO Stakeholder Managers Website – [click here](#).
- RASC - currently creating a central live document tracking the current status of local services who support refugees, asylum seekers and migrants at risk – to view [click here](#).